

# THE TRANSCENDENCE



National Institute of Health and Family Welfare

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## RIGHT TO HEALTH : AN EMERGING FUNDAMENTAL RIGHT

Health in the broad sense is the "quality of life" rather than the absence of disease. It is an universal goal that should be achieved in the optimum manner at any cost. At present, the concept of health is a complex dynamic equilibrium which stems from the entire socio-economic condition. Stated differently, health is not a component but an expression of the holistic development of the individual.

Since ancient times, health has been recognised as a fundamental requirement. When we think about success, wealth, power and of our children, health is the prime concern. There is a very popular saying that "health is wealth". It could even be stated that all the achievements, developments and success of a nation are based on the health of its people. The World Health Organisation defines health as "a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity." Such a definition could be seen as keeping with what has already been recognised in the traditional Indian System of Medicine which emphasizes that physical well-being alone cannot ensure good health. But, medicine, as it has come to be practiced in modern days, lays an imbalanced emphasis on curing illness, often overlooking the psychological aspects of good health. It also neglects the impact of the prevailing socio-cultural conditions on health.

However, understanding of good health is slowly expanding. This "holistic" approach to health has partly resulted from a growing debate on searching for common grounds in defining

health as a basic human right or even as a fundamental right guaranteed under the laws of the land. Laws of any country or society play an important role in ensuring good health of its citizens.

### Indian Constitution and Health

To have a productive society, a country needs to ensure that health of its citizens is protected. In fact, not only a healthy workforce is desirable but it is also essential for the development of a healthy and a wealthy nation. Our Constitution does not have any specific provisions exclusively on health. However, health is encompassed by many important provisions under the Fundamental Rights or Part-III of the Constitution. There are various provisions in the Constitution which implicitly state health as one of the main national concerns. This concern has rightly been taken up by the judiciary while disposing of many cases where the subject matter is related to health and many times stated that health could not be separated from the fundamental rights of the citizens. Article 21 on Protection of Life and Personal Liberty states that "No person shall be deprived of his life or personal liberty except according to the procedure established by the law". On various occasions, the Supreme Court has interpreted the right to life as inclusive of livelihood, education and health. The Constitution itself clubs improvements in nutrition with the standard of living and public health.

### Directive Principles of State Policy

Our Constitution also provides a basic framework for legislation related to child care and women's health in the following Articles as:

**Article 15 (3) :** The State can make special provisions for the development of children and women.

**Article 39 :** The State shall also in particular direct its policy towards securing: (e) the health and strength of its workers, men or women and the tender age of children are not abused and (f) that children are given opportunities and facilities to develop in a healthy manner and in a state of freedom and dignity.

**Article 42 :** The State shall make provisions for securing just and humane conditions of work and for maternity relief.

**Article 47 :** The State shall regard raising the level of nutrition and standard of living of its people and the improvement of public health among its primary duties.

These are the constitutional provisions, which indirectly impose upon the state a duty to protect and improve the health of its citizens.

### Judicial-Activism and Right to Health

According to the Constitution, the right to health is not an expressed fundamental right of the people, but an interpretation of the judiciary which has made right to health an implied fundamental right through various rulings. In the following cases, the judiciary has stated in one way or the other that the government is duty-bound to improve the health of its citizens.

- **Sunil Batra vs. Delhi Administration (AIR\* 1980, SC# 1979)**  
Right against 'torture' is also a fundamental right.
- **T. Damodhar Rao vs. Municipal Corporation of Hyderabad (AIR 1987, AP 171)**  
The Andhra High Court held that enjoyment of life and its attainment and fulfillment guaranteed by Article 21 embraces protection and preservation of the nature's gift without which life cannot be enjoyed.
- **M.C. Mehta vs. Union of India (AIR 1988 SC, 1037)**  
The Supreme Court held that right to clean environment is a part of the Fundamental Rights guaranteed by the Constitution.
- **L.K. Koolwal vs. State of Rajasthan (AIR 1988 Raj. 2)**  
Maintenance of health, preservation of sanitation and environment fall within the purview of Article 21 as it adversely affects the life of the citizens because of hazards created, hence the need for keeping them under check.
- **Parmanand Katara vs. Union of India and Others AIR 1989 SC 2039**  
In this case, the Supreme Court, for the first time, gave a clear indication of the recognition of this right under Article 21. The Apex Court opined that "Preservation of human life is of paramount importance... A doctor at a government hospital is duty bound to extend medical assistance for preserving a life."

While disposing of the case the Court further stated that "All government hospitals and medical institutions should be asked to provide immediate medical aid to all cases irrespective of the fact whether they are medico-legal cases or otherwise. The practice of certain government institutions to refuse even the primary medical aid to patients and referring them to other hospitals simply because they are medico-

legal cases is not desirable. However, after providing the primary medical aid to the needy, the patient can be referred to a better hospital if the facilities required for the treatment are not available in that institution."

- **Subhash Kumar vs. State of Bihar (AIR 1991 SC 420)**  
The right to health is a Fundamental Right under Article 21 of our Constitution and it includes the right of enjoyment of pollution-free water and clean air for full enjoyment of life. If anything endangers or impairs the quality of life in contravention of the laws, a citizen has the right to take recourse in Article 32 for removing pollution from water or air, which may be detrimental to the overall quality of life.
- **Bandhuva Mukti Morcha vs. Union of India (AIR 1997, SC 2218)**  
In this case the Supreme Court stated that all the citizens have the right to live with human dignity without exploitation.
- **State of Punjab vs. Ram Lubhaya Bagga (AIR 1998, SC1703)**  
The Apex Court observed that the right of a citizen to live under Article 21 casts an obligation on the State. This obligation is further reinforced under Article 47; it is for the state to secure health to its citizens as its primary duty. Every citizen in the welfare State looks towards the state for it to perform this obligation with top priority including allocation of sufficient funds.

In this way in the above-mentioned various cases the judiciary declared that the right to health as Fundamental Right contained under Part III of the Constitution. In various decisions the Supreme Court as well as other courts have also stated that it is the prime responsibility of the State to improve the health of its people as mentioned under Article 47.

### International Perspective

Apart from the fact that health is an implied Fundamental Right under the Constitution, it has been unanimously emphasised at international platforms by different international agencies that health should be a fundamental human right for the well-being of the international community.

Various international conventions expressly impose obligation on all the member-countries to protect health of its people. Article 25 of the Universal Declaration of Human Rights (UDHR), 1948, assures that everyone has a right to a standard of living adequate for the health and well-being. Article 12 (1) of the International Covenant on Economic, Social and Cultural Rights, 1966 lays down:

*"The state parties to the present Covenant recognise the right of everyone to the enjoyment of the highest attainable standard of physical and mental health."*

Article 16(2) of the African Charter on Human Rights and Peoples' Right, 1981 goes one step further and imposes a positive obligation on the states concerned to take all necessary measures to protect the health of the people.

In the light of this discussion, it is clear that the recognition and protection of the right to health is not only a constitutional compulsion but a binding aspiration in many international agreements as well.

### Controversial Area of Jurisdiction

The main controversy arises between the relationships of the central and state governments in relation to the primary responsibility of health. In our Constitution, health is a state subject, in the Seventh Schedule under Entry 6 of List II--the State List. In Entry 6 of List II, public health, sanitation, hospital and dispensaries are the subject matter of the states. But the problem is that the state governments do not find themselves financially capable of handling health as a whole and are thus dependent on the Central Government for financial assistance. So, the plea given is that health should be made a subject of the List I- the Union List, under which the Central Government is empowered to make laws and that's the subject matter under the control of the Union.

But the plea given in favour of keeping the health in List II or the State List is that health, being a local subject, can be handled well by the states. Therefore, the only way out as now is a better co-ordination between the states and Central Government.

# EVENTS

## New Year Day

The year 2009 began with pleasant feelings when all the employees showered heaps of good wishes on each other for the coming year on the morning of 1st January. Fog and chill added a distinct ambience to the event.



## Republic Day

Prof. Deoki Nandan, Director, NIHFV hoisted the National Flag at the NIHFV premises on 26th January. The faculty and staff of the Institute participated in the event with the feelings of joy and patriotism.



## Operation Research Seminar - NIPI Initiative

Under Norway India Partnership Initiative (NIPI), NIHFV organized a two-day "Operation Research Seminar" on 9th and 10th Feb. 2009. The objectives of the workshop were to : provide the opportunity for the Norwegian and Indian Researchers to meet, interact and explore possibilities for institutional collaboration within NIPI, gain a better understanding of the ongoing NIPI interventions set within the broader context of NRHM, gain an understanding from policy makers of their needs and requirements for evidence, discuss the relevance of operational research within the NIPI context and the methodological challenges, discuss role of Norwegian academia focusing on capacity and institutional building and make recommendations regarding the priority areas of research.

The honorable Norwegian Ambassador Ms. Ann Olstead graced the occasion along with Mr. Jan Hakon Olsson and Dr. Paul Fife from the Norwegian side and Ms. Aradhna Johri, IAS, Joint Secretary, NACO; Prof. Deoki Nandan, Director, NIHFV; Mr. Prasanna Hota, Director, NIPI-UNOPS were from India. A welcome address was given jointly by Dr. Jan Hakon Olsson and Prof. Deoki Nandan. The honourable Norwegian Ambassador, Ann Olstead, expressed pleasure on the developing relationship between the two countries to improve maternal and child health. The seminar was attended by 79 participants of which, 21 were from the different institutions of Norway.



## Sports Day

Sports day of the Institute was celebrated on 3rd March 2009. Many employees of the Institute demonstrated their vigour, enthusiasm and talent. Some of the events like carrom, high jump, long jump, men race, badminton, cricket, volley ball and football were organized prior to the sports day. Events like three legged race, hundred meter race for women, tug of war and musical chair were held on the sports day. The function concluded with the distribution of prizes to the winners.



Dr. Vibha Sharma giving away prizes



## Annual Day

32nd Annual Day of the Institute was celebrated on the radiant morning of 9th March, 2009 at the lush green lawns of NIHFW. The function was graced by the guests from multifarious organizations including faculty from various medical colleges of India, retired directors, retired officers and employees of the NIHFW, officials from the MOHFW, various sister institutions and delegates from different international organizations. At the outset, the Director, NIHFW, Prof. Deoki Nandan, presented the Institute's report highlighting the activities, achievements and future endeavours. Dr. V.M. Katoch, Secretary, Department of Health Research, GOI and Director General, Indian Council of Medical Research, presided over the function. In his address, he delineated the role of NIHFW in providing a formidable leadership role for micro level public health interventions. Shri G.C. Chaturvedi, IAS, Additional Secretary and Mission Director (NRHM), MOHFW, Govt. of India was the guest of honour. He reflected, that though many milestones have been achieved in the training under NRHM, yet there are many challenges ahead. Dr. Thomas Bossert from Harvard School of Public Health, USA, focused on meaningful collaborations and sharing of experiential methods of training.

Five Technical publications of NIHFW were released by the distinguished dignitaries consisting of *"Rapid Appraisal of Health Interventions (Phase I: 12 reports), National Mental Health Programme - Technical series, Health Planning Process in India, Handbook for Child Health Managers and Facilitator's Guide for Training Yashoda Mamta"*.

The awards for the academic toppers of MD/DHA in Distance Learning Courses; outstanding workers of the year 2008 and best sports person of the year were also given away. The function ended with a vote of thanks by Prof. M. Bhattacharya. The event was anchored by Dr. Y. L. Tekhre and Dr. Neera Dhar.

## Holi

The festival of colours was celebrated on 9th March on the lovely lawns of NIHFW blooming with fragrant and beautiful flowers by putting "Chandan ka Tilak" on each other. It was an afternoon full of joy and love.



## MEETINGS

The 27th Meeting of Programme Advisory Committee (PAC) was held under the chairmanship of Dr. S.D. Gupta, Director, Institute of Health Management Research, Jaipur on 19th January in which the accomplished, ongoing and forthcoming activities and proposals were discussed. PAC of NIHFW includes representatives of the MOHFW, members from different disciplines drawn from Central and State levels and Central Training Institutes, either directly or indirectly involved in the promotion of public health and family welfare programmes in the country. The committee meets twice in a year to review the activities of the Institute to provide guidance in the academic activities.



## Lectures by Guest Speakers



■ Dr. Jennifer Beard, Asst. Prof. International Health, Boston University for International Health and Development, delivered a lecture on "Writing Tips for Documenting Public Health Information" on 14th January.



■ Dr. Thomas Bossert from Harvard School of Public Health, USA, delivered a lecture on "Case Method of Training" on 9th March-an audience view.



■ Dr. Reinhard Huss from Nuffield Centre for International Health and Development, University of Leeds, UK, delivered a lecture on "Improving Health Service Quality - Essentials and Options" on 27th March.



■ Dr. R. M. Pandey, Prof. and Head, Department of Biostatistics, AIIMS, New Delhi delivered a lecture on "Research Methodology" on 26th March.

## VISITORS TO THE INSTITUTE



Prof. R.C. Sobti, Vice Chancellor, Panjab University, Chandigarh on 13th March.



Sh. R.K. Meena, IAS, Principal Secretary, H& FW, Rajasthan, Jaipur on 17th March.



Sh. Anil Punetha, IAS, Principal Secretary Health, Andhra Pradesh on 14th March.



Dr. Gajbhan Mukut Sharma, Non-official member, Hindi Advisory Committee, MOHFW, Govt. of India visited NIHFW in connection with "implementation of official language-Hindi in the Institute" on 18th February.

Ms. Anita Das, Former Secretary, AYUSH visited NIHFW on 23rd January.

# Training Courses/ Workshops conducted by the Institute : Intra- mural

## An Overview - January - March 2009

### ■ Workshop for Officials of SPMU & DPMU of High Focus States

Course Coordinators : Dr. S. Menon & Mr. N.S Rawat

Date : 5th to 7th January

Objective : It is expected that knowledge of various issues relevant to efficient functioning of SPMU for the effective implementation of NRHM will facilitate the SPMU officials in removal of bottlenecks/gaps and help in bringing about convergence of services especially at district level and below.

No. Trained : Arunachal Pradesh (9), Assam (15), Himachal Pradesh (5), Jharkhand (10)

Total - 39

### ■ Professional Training on capacity building for State TB and IEC Officers and Communication Facilitators of RNTCP for Planning and Implementation of ACSM Activities

Course Coordinators : Prof. T. Mathiyazhagan & Dr. U. Datta

Date : 5th to 10th January

Objective : To orient the participants to various activities of advocacy, communication and social mobilization for implementation of RNTCP

No. Trained : J&K (4), Maharashtra (2), Orissa (2), Rajasthan (4), Punjab (5), Chandigarh (1), Jharkhand (1), H.P (2), Uttarakhand (4), U.P (4)

Total - 29

### ■ Training of the State and District Surveillance Teams on Integrated Disease Surveillance

Course Coordinators : Dr. S.V.Adhish & Dr. Gyan Singh

Date : 19th to 24th January, 2nd to 7th February

Objective : To establish a decentralized district based system of surveillance for communication and non-communicable diseases so that timely and effective public health action can be initiated in response to health challenges in the urban and rural areas.

To integrate existing surveillance activities

No. Trained : U.P (8), J&K (11)

Total - 19

### ■ Training of Trainers for AYUSH Doctors on Mainstreaming of AYUSH under NRHM

Course Coordinators : Dr. U.Datta &

Dr. A. Raghu

Date : 21st to 23rd January

Objective : To enhance the knowledge and strengthen the skills of the AYUSH doctors on mainstreaming of AYUSH and NRHM.

No. Trained : Mizoram (3), Maharashtra (3), Karnataka (3), Orissa(3), Gujarat(3), Punjab(3), J& K(2) & Tripura(3)

Total - 23

Date : 25th to 27th February

No. Trained : Delhi (3), Andhra Pradesh (3), Tamil Nadu (3), Manipur (2), Dadra & Nagar Haveli (1), West Bengal (3), Puducherry (3)

Total - 18

Date : 18th to 20th March

No. Trained : Uttar Pradesh (4), Kerala (3), Andaman & Nicobar (1), Sikkim (3), Chandigarh (2), Nagaland (2), Bihar (3)

Total - 18

### ■ 81st Training Course on Hospital Administration for Senior Hospital Administrators

Course Coordinators : Prof. J.K. Das & Dr. Neera Dhar

Date : 2nd to 20th February

Objective : To improve the knowledge and managerial skills of the participants in the area of hospital administration so that they become more effective administrators.

No. Trained : Assam (1), Chandigarh (1), Chhattisgarh (3), Delhi (8), Haryana (5), J&K (3), Karnataka (1), M.P (2), Maharashtra (4), Orissa (1), Punjab (1), Sikkim (1), U.P (2), Uttarakhand (3), West Bengal (4), 56 APO (1)

Total - 41

### ■ Training Programme on Capacity Building of NGOs Engaged in Prevention and Management of HIV/AIDS

Course Coordinators : Dr. Y.L. Tekhre, Dr. Neelam Makol & Mrs. Vandana Bhattacharya

Date : 2nd to 6th February

Objective : To develop knowledge and skills of NGOs in planning, implementation and monitoring of the HIV/AIDS programme in the targeted intervention areas.

No. Trained : Assam (2), Delhi (15), Gujarat (1), Punjab (1), Orissa(1) U.P (1)

Total - 21

### ■ Training Course on the Role of NGOs in National Rural Health Mission

Course Coordinators : Dr. T. Bir & Dr. Neelam Makol

Date : 9th to 20th February

Objective : To orient the participants to the prevailing health scenario in the country in order to implement the National Rural Health Mission and the various National Health Programmes and to impart knowledge and skills for effective, efficient and quality health care service delivery to the rural population in the country.

No. Trained : Jharkhand (2), WB (1), Bihar (6), UP (4), Uttarakhand (4), Delhi (2), Goa (1), Haryana (3), Gujarat (2)

Total - 25

### ■ Training-cum-Workshop on Counselling Skills for Health Professionals

Course Coordinators : Dr.(Mrs.) Rajni Bagga & Dr. Neera Dhar

Date : Feb. 16-20, 2009

Objective : To enable the health professionals to develop the competencies in some basic counselling skills in order to promote quality of health care as well as support and assist the clients to find suitable solutions to health related problems.

No. Trained : C.G (1), Delhi (14), Gujarat (7), Goa (1), Haryana (1), Jharkhand (1), J& K (3), Maharashtra (2), M.P (2), U.P. (1), W. B (1)

Total - 34



### ■ Field Epidemiology Training Programme for District Surveillance Officer (IDSP)

Course Coordinators : Dr. S. V. Adhish & Dr. Gyan Singh

Date : 16th to 28th February

**Objective :** To build core competence in disease surveillance and field epidemiology/outbreak management  
**No. Trained :** Total - 11 from MP

■ **Short Course in Epidemiological and Bio Medical Data Analysis Using Statistical Software**

**Course Coordinators :** Dr. V.K. Tiwari & Mr. P.D. Kulkarni

**Date :** 23-27 February

**Objective :** To enable the programme officers and statisticians at the state/district level to enhance the epidemiological and biomedical data analysis skills using statistical software.

**No. Trained :** Assam (1), J&K (2), West Bengal (2), Uttar Pradesh (1), Nagaland (1), Delhi (2), Pondicherry (1)

**Total - 10**

■ **Training Course on Public Health Nutrition**

**Course Coordinators :** Prof. M. Bhattacharya and Dr. Ankur Yadav

**Date :** 2nd to 6th March

**Objective :** To enhance the competency of faculty from Nursing Medical Colleges/Home Science Colleges and Post Graduates from Medical Colleges to train students and do IEC & Advocacy in Community for appropriate Nutrition.

**No. Trained :** Tamil Nadu (9), Maharashtra (8), Gujarat (3), Karnataka (8), Punjab (5), Manipur (3), New Delhi (5), U.P (7), Mizoram (2), Meghalaya (1), Pondicherry (4), M P (4), Haryana (1), Sikkim (2), Goa (3), Nagaland (2),

J& K (1), Uttarakhand (1)

**Total - 69**



■ **TOT for Physicians on Management of Human Cases of Avian Influenza and Pandemic Preparedness**

**Course Coordinators :** Dr. S. V. Adhish & Dr. Gyan Singh

**Date :** 28th to 30th January

**Objective :** To create awareness and preparedness response for physicians of the country for Avian Influenza.

**No. Trained :** Eastern States Bihar (3), Jharkhand (4), Sikkim (2), W.B(3), Orissa (4), A & N (3), Chhattisgarh (4)

**Total - 23**

**Date :** 11th to 13th February

**No. Trained :** Southern States

Kerala(3), Tamil Nadu (3), Karnataka (4), Chennai (1), Pondicherry (3), A.P. (5)

**Total - 19**

**Date :** 18th to 20th March

**No. Trained :** Northern States

Chandigarh (7), UP(12), HP (5), Haryana (6),



Delhi (5), Punjab (5), Jammu (4), UT (3)

**Total - 47**

**Date :** 25th to 27th March

**No. Trained :** Western States

Gujarat (4), Maharashtra (2), Goa (4), Daman & Diu (4), M.P. (4)

**Total - 18**

■ **Orientation Training for Medical Officers, Nursing Personnel and IEC Officers of the Delhi State in Communication Skills under NRHM**

**Course Coordinators :** Dr. T. Mathiyazhagan and Dr. Ankur Yadav

**Date :** 23rd to 27th March

**Objective :** To enable the participants to develop their communication skills as well as to improve their knowledge about NRHM for its implementation in the state of Delhi.

**No. Trained :** 21 Delhi

■ **Training Course on Administrative and Financial Skills at NIHFV**

**Course Coordinators :** Prof. M. Bhattacharya & Mr. V.K. Gopal

**Date :** 23rd to 25th March

**Objective :** To enhance the competencies of faculty members in administrative and financial issues for day to day functioning.

**No. Trained :** U.P (4), Karnataka (2), J&K (1), MP (1), Rajasthan (1), Maharashtra (2), Delhi (10)

**Total - 21**

## Extra-mural Training Course

### Strengthening Human Resources for Health : International Collaboration (2nd to 7th March)

In collaboration with the World Bank Institute and technical support from the Harvard School of Public Health, Boston, USA, the Institute organized the above mentioned course at Khajuraho, M.P. The objective of the course was to strengthen the skills of senior health managers and planners for strategic planning of human resource for health in their respective states. Thirty participants from 7 states and donor partners attended the course. The break up is as follows:

Madhya Pradesh	4	Uttar Pradesh	6	Rajasthan	3	Uttarakhand	3
Jharkhand	5	Chhattisgarh	3	Orissa	4	GTZ	1
NIHFV	1						

**Total - 30**

Prof. Deoki Nandan, Dr. U. Datta, Dr. Poonam Khattar, Dr. Vivek Adhish, Dr. Rajni Bagga, Dr. Sanjay Gupta, Dr. K. S. Nair and Dr. Neera Dhar acted as the resource persons from NIHFV.



## ACTIVITIES OF THE DIRECTOR

In addition to his regular activities in the Institute, Prof. Deoki Nandan participated as an expert in several scientific meetings, seminars, symposia and other such activities organized by various national and international organizations during the quarter. Some of his significant activities include:



- Attended the "Expert Group Meeting for preparing course curriculum and training of MBBS Doctors" at MOHFW on 2nd January.
- Chaired the "JE Park Memorial Oration session" at the 53rd Annual National Conference of Indian Public Health Association held at Kempegowda Institute of Medical Sciences, Bangalore, on 9th January.
- Attended the "36th National Conference of IAPSM", State Joint Conference of IAPSM and IPHA Maharashtra Chapters, organized at the Government Medical College, Aurangabad during 21st and 23rd January. Made a presentation on "Micronutrients - Vit. A during the Plenary Session - IV".
- Conducted viva-voce of the Ph.D students of Bio-Medical and Social and Preventive Medicine (SPM) at Dr. B. R. Ambedkar University, Agra on 31st January.
- Attended a "Dissemination

Workshop of 2nd Common Review Mission of NRHM" organized by the MOHFW at Vigyan Bhavan, New Delhi on 28th January.

- Delivered a lecture on "Trends and Issues in Health and Hospital Management" at BSF Training Centre, Delhi on 2nd February.
- Attended a meeting of Expert Group for "Development of National Training Strategy for Health and Family Welfare", organized by MOHFW, at Vigyan Bhavan, New Delhi on 6th February.
- Made a presentation of the final report of a study conducted by NIHFW on "To Review the Health Care Delivery System provided by Punjab Health System Corporation" in Chandigarh on 10th February.

- Delivered a lecture on "Equity in Primary Health Care" at the Symposium on *Cost of Health Vz. Effects of ill Health and Equity in Health Care* at the Platinum Jubilee Celebration of MCI, organized by Medical College, Muzaffar Nagar, UP on 22nd February.
- Attended the "Academic Council Meeting of IIPS", Mumbai held at IIPS, Mumbai on 16th March.
- Attended "Key Stakeholders Meeting on Young People's Health", organized by MAMTA Health Institute for Women and Children at India Habitat Centre on 27th March.
- Delivered the presidential address at the "National Seminar on Public Health Update" at Panjab University, Chandigarh, on 28th March and made a presentation on "NRHM".



*Prof. Deoki Nandan conducting a focus group discussion in Karnataka.*

## ACTIVITIES OF THE FACULTY : OUTSIDE INSTITUTE AND COUNTRY

Apart from their routine academic and administrative responsibilities, the faculty of the Institute participated in the activities quoted below:

### INTERNATIONAL ACTIVITIES



Prof. A.M. Khan, participated as an expert in "Regional Consultation on Social Determinants of Health" organized by the Ministry of Health Care and Nutrition, Sri Lanka in collaboration with WHO and Commission on Social Determinants of Health in Colombo in February.



Dr. M. Mahapatro presented a chapter on "Health of World Bank South Asia Region Climate Draft Strategy" at Kathmandu on 19th and 20th March.

## TRAININGS/WORKSHOPS/MEETINGS ATTENDED OR CONDUCTED

PROF. K. KALAIVANI

- Attended a two days workshop on “**National Training Policy**” at Institute of Secretariat Training & Management, Department of Personnel and Training on 16th and 17th March.

PROF. M. BHATTACHARYA

- Attended a meeting for “**Pilot Study of Survey Methodology to Assess the Burden of Leprosy**” at National Institute of Medical Statistics, ICMR, New Delhi on 4th February.

PROF. J.K. DAS

- Attended “**SKOCH - Summit 2009 for Disaster Management**” on 22nd January at NDMA, India Habitat Centre, New Delhi.

PROF. A.M. KHAN

- Attended “**International Congress on Gerontology and Geriatric Medicine**” from 26th to 28th February in All India Institute of Medical Sciences, New Delhi.
- Attended a course organized by LNJN National Institute of Criminology and Forensic Science on “**Criminology**” from 19th to 23rd January, New Delhi.

DR. M. M. MISRO

- Organized training of B.Sc Hons. students from

Desbandhu College, Delhi on 17th February.

- Organized orientation training to B.Sc Hons Zoology students from Arbind college, Delhi on 23rd February.

PROF. T. MATHIYAZHAGAN

- Participated in the advisory group meetings, organized by the NACO, on 13th February and 6th March to help prioritize evaluation and operational research areas on IEC under NACP III.

DR. POONAM KHATTAR

- Attended the Planning Meeting for preparation of “**Material on Health & Physical Education**” from 1st and 2nd January at NCERT, Sri Aurobindo Marg, New Delhi.
- Attended 14th World Conference on “**Tobacco or Health**”, 8th to 12th March in Mumbai.

DR. K.S. NAIR

- Participated in the “**Sensitization Workshop on Climate Change and Health**” organized by GTZ during 19th and 20th February, New Delhi.

DR. L. LAM KHAN PIANG

- Participated in the training course on “**Monitoring and Evaluation for Result**” from 23rd to 27th February, organized by WBI in collaboration with the TERI University at TERI University Campus, Vasant Kunj, New Delhi.

## CONSULTANCY OFFERED/RADIO TALK

- Acted as a member of the Advisory group for “**Evaluation and Operational Research on Information, Education and Communication under NACP III**” organized by the National Aids Control Organization, MOHFW, GOI. (Prof. T. Mathiyazhagan)
- Delivered lectures in “**Hospital Management Course**” for BSF Medical Officers at BSF Academy during 3rd to 6th February. (Prof. J.K. Das)
- Identified as a partner of Multi countries' study on “**Globalization and Health by WHO**”. The report is to be submitted by the end of April. (Prof. A.M. Khan)
- Acted as an expert for the group discussion on 5th February in “**National Institute of Social Defence Old Age Care Division**”, New Delhi. (Prof. A.M. Khan)
- Moderated Radio Talk on “**Role of Panchayati Raj Institutions in the National Rural Health Mission**” at All India Radio, New Delhi on 5th March. (Dr. Y.L. Tekhre)

## TECHNOLOGY TRANSFER

- Two technologies on sperm function tests (Nuclear Chromatin decondensation and sperm acrosome status tests) have been transferred to a private industry Cryo Cell India Pvt. Ltd, New Delhi, for a sum of Rs. 4 lakhs with 3% of royalty on sales for 15 years on 26th February. The technology transfer was arranged by National Research Development Corporation (NRDC) as per the MOU signed between NIHFW and NRDC on June 2007. (Dr. M.M. Misro)

## GUEST LECTURES DELIVERED BY THE FACULTY

- **"HIV Surveillance in India in the 53rd National Conference of Indian Public Health Association"** on 9th to 11th January at Kempegowda Institute of Medical Sciences (KIMS), Bangalore.  
(Prof. M. Bhattacharya)
- **"7th Professional Development Course in Management, Public Health & Health Sector Reforms for District Level Senior Medical Officers"** at IIHFW, Hyderabad on 2nd February.  
(Prof. M. Bhattacharya)
- **"HIV-AIDS at National Institute of Public Cooperation and Child Development "** on 11th February.  
(Prof. M. Bhattacharya)
- **"HIV and Life Style"** at Unani College, J. Hamdard University on 4th March.  
(Prof. M. Bhattacharya)
- Made a Presentation on **"HIV challenges in India"** and chaired a presentation on **"Private Public Partnership"** in a seminar on **"Public Health Update"** at Punjab University Chandigarh on 28th March.  
(Prof. M. Bhattacharya)
- **"Monitoring and Evaluation for MPH (Field Epidemiology)"** students at the NICD, New Delhi on 12th March.  
(Dr. V.K. Tiwari)
- Training Course on **"Behavioural Skills for Professionals on Interpersonal Communication"** at IIPA, New Delhi on 21st January.  
(Dr. Rajni Bagga)
- **"Human Resource Planning and Organization Development"** in the Training Course for BSF Academy, Tekanpur on 2nd February.  
(Dr. Poonam Khattar)
- **"Financial Management and Health Economics in the Training Course for BSF Academy"** on 5th February.  
(Dr. K.S. Nair)
- **"Health Economics and Financing for MPH(Field Epidemiology)"** students at the NICD, New Delhi on 12th March.  
(Dr. K.S. Nair)
- **"Research Methodology/Book Review"** on 16th January in Jamia Millia Islamia College.  
(Prof. A.M. Khan)
- Attended the opening session of the National Symposium on **"The Planet Earth: People, Society and Science"** on 23rd January in Indian Academy of Social Sciences.  
(Prof. A.M. Khan)
- **"Medical Preparedness in Disaster management"** on 13th January at IIPA, New Delhi.  
(Prof. J.K. Das)
- Delivered lectures on **"Materials Management and Financial Management for Hospital Management"** at AIIMS, New Delhi from 24th to 27th February.  
(Prof. J.K. Das)
- **"Inter-Sectoral Co-ordination and Convergence of Programmes"** at National Institute of Communicable Diseases (NICD), Directorate General of Health Services, on 5th March in the Master of Public Health (Field Epidemiology) Course.  
(Dr. Y.L. Tekhre)
- Made a Presentation on **"Private Public Partnership"** and chaired a presentation on **"Micronutrients"** in a seminar on **"Public Health Update"** at Panjab University, Chandigarh on 28th March.  
(Dr. S. Gupta)
- **"Stress Management"** at Aligarh Muslim University in the month of February.  
(Dr. Neera Dhar)
- **"Stress Management"** at College of Pharmacology Delhi in the month of January.  
(Dr. Neera Dhar)
- **"Interpersonal Communication and Stress Management"** in Professional Development Course at RFWTC, Indore on 18th March.  
(Dr. Neera Dhar)
- Delivered a lecture on **"Stress Management"** and chaired a session on **"Malnutrition"** in a seminar on **"Public Health Update"** at Punjab University, Chandigarh on 28th March.  
(Dr. Neera Dhar)

## PAPERS REVIEWED/PUBLISHED/PRESENTED

- Presented a research paper entitled "Issues of Health Related Human Rights" in the 6th Indian Association for Social Sciences and Health (IASSH) Conference, organised at Pondicherry University from 7th and 8th March. (Dr. Y.L. Tekhre)
- Maheshwari A, Misro MM, Aggarwal A, Sharma RK, Nandan D (2009) "Pathways Involved in Testicular Germ Cell Apoptosis Induced by H<sub>2</sub>O<sub>2</sub> in Vitro". FEBS Journal, 276:870-881. (Dr. M.M. Misro)
- Reviewed a scientific paper from the International Journal, 'Reproduction' on 24th February (Dr. M.M. Misro)
- Presented a paper titled "Assessment of Human Sperm Function after Treatment with Elettaria Cardomomum Seed Extract: Spermicidal Activity of Elettaria Cardamomum Seed Extract in Human Spermatozoa" at International Congress on "Bio-immunoregulatory Mechanisms Associated with Reproductive Organs Relevance in Fertility and in Sexually Transmitted Infections" at National Institute of Immunology, New Delhi during 9th to 13th February. (Dr. Beena Khillare)
- An IEC Toolkit for health workers for "Non-communicable and Life-style Diseases Towards Preventive and Promotive Aspects of Health" was developed in collaboration with MoHFW & WHO. (Dr. Poonam Kattar)
- "Deciphering a Conformation-Specific Epitope of hCG- Through Immunokinetics". Pramod Vishwanath Prasad, Rani A, Shail Kumar Chaube, Tulsidas G. Shrivastav. J Immunoassay Immunochem. 2009; 30(1):1-17. (Dr. T.G. Shrivastav)
- "Intracellular levels of Hydrogen Peroxide and Nitric Oxide in Oocyte at Various Stages of Meiotic Cell Cycle and Apoptosis". Anima Tripathi, Sabana Khatun, A.N. Pandey, S. K. Mishra, Radha Chaube, T.G. Shrivastav, and S. K. Chaube. Free Radical Research. 2009, 30:1-8. (Dr. T.G. Shrivastav)
- "Extracellular Calcium Protects against Verapamil-Induced Metaphase-II Arrest and Initiation of Apoptosis in Aged Rat Eggs". S. K. Chaube, Anima Tripathi, Sabana Khatun, S. K. Mishra, P. V. Prasad and T.G. Shrivastav. Cell Biology International. 2009, 33: 337-343. (Dr. T.G. Shrivastav)
- Reviewed a paper for International Journal of Microscopy (Dr. T.G. Shrivastav)

Patent Granted: "A synergistic Stabilized Composition Useful for Immunoassay". Patent No. 227519. Granted on 12-01-09.

## PAPERS PRESENTED IN CONFERENCES BY DR. T.G. SHRIVASTAV

- "The Influence of Coupling Chemistries on the Sensitivity and Specificity of Cortisol ELISA." Tulsidas G. Shrivastav. SRBCE 2009, held on 19-21 Jan, 2009 at Hyderabad.
- "Proteins and Its Characteristics on Normal and Asthenozoospermic Human Spermatozoa". Kiran Rangari, T.G. Shrivastav, I.S. Allag. SRBCE 2009, held on 19-21 Jan, 2009 at Hyderabad.
- "Tryptophan fluorescence: A Characteristic Binding Capacity of Antibodies Against Steroids". Vinay Tripathi, Tulsidas G. Shrivastav, Harpal Singh. SRBCE 2009, held on 19-21 Jan, 2009 at Hyderabad.
- "Development of Lateral Flow Chromatographic Strip Test for Cortisol Using Gold Nanoparticles". Seema Nara, Harpal Singh, Tulsidas G. Shrivastav,. SRBCE 2009, held on 19-21 Jan, 2009 at Hyderabad.

## ACTED AS EXAMINERS

- As a Ph.D examiner, Department of Reproductive Biology, AIIMS on 19th January (Dr. M.M. Misro)
- Adjudicated the Ph.D. thesis entitled "Modulation of Androgen Receptor Function by Endocrine Disruptors" submitted to Jawaharlal Nehru University, New Delhi. (Dr. M.M. Misro)
- Adjudicated the M.Phil dissertation entitled "Poly Cystic Ovarian Syndrome and Associated Insulin Resistance in North Indian Population" and conducted viva voce for Delhi University Delhi. (Dr. M.M. Misro)
- Adjudicated the Ph.D. thesis entitled "The Influence of Different Spacers in the Immunogen and Enzyme Conjugates on the Sensitivity and Specificity of Cortisol Assay" submitted to Indian Institute of Technology, New Delhi. (Dr. M.M. Misro)

## AWARD

Received best paper award for a paper presented on "Development of lateral flow chromatographic strip test for cortisol using gold nanoparticles" during SRBCE meeting at Hyderabad. (Dr. T.G. Shrivastav)

## RAPID APPRAISAL OF HEALTH INTERVENTIONS: (RAHI - II)

Twelve health system research studies related to NRHM activities, funded by UNFPA, are in the process of completion. These studies were conducted in 6 low performing states.

## RCH Activities : January-March 2009

S. No.	Date of Visits	State	Districts
1	4th to 8th Jan. 2009	Assam	Jorhat
2	19th to 23rd Jan. 2009	Uttar Pradesh	Chitrakoot & Banda
3	20th -24th Jan. 2009	Assam	Goalpara
4	26th to 31st Jan.09	MP	Chatterpur & Panna
5	27th Jan. -02nd Feb. 2009	Orissa	Sambalpur & Balangir
9	26th Jan. - 01st Feb. 2009	Bihar	Sitamarhi & Darbhanga
Monitoring Visits for IUD Training			
10	5th -10th Jan. 2009	Jharkhand	Ranchi
11	19th -23rd Jan. 2009	H.P.	Shimla
12	2nd - 6th March 2009	Goa	

## MEETINGS

- A) Sub-group meetings were held at MOHFW in order to review the PIPs. The PIPs of all States and UTs for 2009-10 were reviewed and the following issues highlighted :-
- Need for preparing training plans in an integrated manner for all programme for each category of personnel.
  - Details of training undergone in the previous year.
  - Details of training planned for the year 2009-10.
  - Position with regard to strengthening of infrastructure of ANMTC, HFWTC Nursing School and Colleges etc.
- B) Faculty and Consultants, NIHF, attended the NPCC meeting conducted at Nirman Bhawan, in the month of February and March.

## Distance Learning Cell



आरोग्यम् सुखसम्पदा

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Admission Notice for One Year Certificate Courses through Distance Learning: Session 2009-2010

### I. HOSPITAL MANAGEMENT (HM), II. HEALTH AND FAMILY WELFARE MANAGEMENT ( H&FWM)

#### ELIGIBILITY:

**Qualifications for (I) HM** - MBBS / BDS / B.Sc. (Nursing) / Bachelor of AYUSH / M Pharma / B Pharma / D Pharma / General Nursing & Midwifery / Bachelor in Physiotherapy / Occupational therapy. Candidates must be registered with respective State / National Council.

**Experience** : MBBS / BDS / B.Sc (Nursing) / Bachelor of AYUSH / M Pharma - 2 years, B Pharma - 3 years, General Nursing & Midwifery / D Pharma / Physiotherapy / Occupational therapy - 5 years (experience of working in a Govt./ NGO / Private / Corporate Hospitals / Institutes / Organizations).

**Qualifications for (II) H&FWM** - MBBS / BDS / B.Sc. (Nursing) / Bachelor of AYUSH / M Pharma / B Pharma / D Pharma / General Nursing & Midwifery. Candidates must be registered with respective State / National Council. Or PG in Science / Behavioural Science / Management / Commerce / Accounts.

**Experience** : MBBS / BDS / B.Sc (Nursing) / Bachelor of AYUSH / M Pharma - 2 years, B Pharma - 3 years, General Nursing & Midwifery / D Pharma - 5 years (experience of working in a Govt./ NGO / Private / Corporate Hospitals / Institutes / Organizations).

PG in Science / Behavioral Science / Management / Commerce / Accounts ( candidates must have at least 2 years experience of working in a Govt./ NGO / Private / Corporate Hospitals / Institutes / Organizations / DHS / BHS / NRHM ).

**FEE FOR EACH COURSE** - Rs.10, 000/- (To be deposited one time)

Prospectus for each course may be obtained against **Crossed Indian Postal Order or a Bank Draft of Rs.200/-** in favour of the **Director, NIHF**, payable at Delhi from **Distance Learning Cell (DLC), Room No.417, Academic Block** in person or by post. The prospectus will be available from 27th April, 2009. **The name of the course may kindly be indicated clearly in the request for prospectus.** The prospectus and application form can also be downloaded from the website of the Institute. In such cases application form should be accompanied by a Demand Draft of Rs.10, 200/- (Rs10, 000/- Course Fee and Rs.200/- being cost of prospectus). The details of the courses are given in the respective prospectus.

**Last date for request for prospectus by post** - 5th June, 2009

**Last date for request for prospectus by person** - 15th June, 2009

Duly completed application form should reach the Distance Learning Cell, NIHF by 15th June, 2009. Institute will not be responsible for any kind of postal or other delays.

## Other Highlights

Landscaping

*A thing of beauty is joy for eternity.*



## Renovations

# Expanding and modernizing infrastructure



## News from Administration

### New Appointments

- Dr. M. Mahapatro, Reader, on 12th February (Group A)
- Ms. Sarita Kumari, Techn. Asstt.(Lab.) on 16th March (Group B)

### Promotions

- Sh. S. K. Bhattacharya, Section Officer on 19th January (Group B)
- Sh. Arvind Kumar, Hindi Officer on 23rd February (Group B)

### Superannuation:



Smt. Sharda Devi, Daftary on 31st January (Group D)



Sh. B.S. Negi, Hindi Officer on 28th February (Group B)



Sh. Sita Ram, Addressography Opr. on 28th February (Group D)



Sh. Vikram Singh, Lab. Attd. on 31st March (Group D)



This institution is affiliated to Partners in  
Population and Development

## Forthcoming Training Courses/Workshops:

Date	Courses
11 <sup>th</sup> to 15 <sup>th</sup> May, 2009	Training Technology for Health Professionals
20 <sup>th</sup> to 22 <sup>nd</sup> April, 2009 18 <sup>th</sup> to 20 <sup>th</sup> May, 2009 8 <sup>th</sup> to 10 <sup>th</sup> June, 2009	Training of Trainers for Training Medical Officers in Immunization
20 <sup>th</sup> April to 1 <sup>st</sup> May, 2009	Training Course on Planning and Evaluation of Development Programme, WHO Fellows
22 <sup>nd</sup> - 25 <sup>th</sup> April, 2009	Refresher Training for Rapid Response Team from Northern States in Avian Influenza and Pandemic Preparedness.
25 <sup>th</sup> to 29 <sup>th</sup> May, 2009	Training Course on Improvement in Quality Of Care in Health Sector (NIHFW-WBI/GTZ Collaboration)
18 <sup>th</sup> - 22 <sup>nd</sup> May, 2009 (New Delhi) 18 <sup>th</sup> - 22 <sup>nd</sup> May, 2009 (Bangalore) 4 <sup>th</sup> - 8 <sup>th</sup> May, 2009 (Mumbai) 20 <sup>th</sup> - 24 <sup>th</sup> May, 2009 (Kolkata)	Contact Programme for One Year Certificate Course on Health and Family Welfare Management Through Distance Learning
6 <sup>th</sup> -10 <sup>th</sup> April, 2009 (Lucknow) 13 <sup>th</sup> - 17 <sup>th</sup> April, 2009 (Mumbai) 20 <sup>th</sup> - 24 <sup>th</sup> April, 2009 (Kolkata) 27 <sup>th</sup> April -1 <sup>st</sup> May, 2009 (New Delhi) 4 <sup>th</sup> - 8 <sup>th</sup> May, 2009 (Hyderabad)	Contact Programme for One Year Certificate Course on Hospital Management Through Distance Learning
18 <sup>th</sup> - 19 <sup>th</sup> June, 2009	Two days Workshop on Adolescent and Reproductive Health in Collaboration with WHO/GOI

THE POINT IS  
*NOT SIMPLY TO*  
 UNDERSTAND  
 THE WORLD  
 BUT *TO*  
*CHANGE IT.*

- KARL MARX

# Theme of the year 2009

*Making a Difference*

**बदलाव की ओर...**

## *Announcement*

Community medicine departments of medical colleges, state institutes of health and family welfare and partner institutions, nursing schools/colleges, mother NGO's are requested to become member of Public Health Education and Research Consortium: Network and Partnership.

Online Registration  
[www.nihfw.org](http://www.nihfw.org)

### **Editorial Board**

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January - March, 2009